

Active Ageing Advisory Committee**Minutes**

Date:	24/5/2023	Start time:	1.00pm		
Location:	Collingwood Town Hall – Labor Room	End time:	3.00pm		
Chair	Cr Amanda Stone	Minute Taker	CO	Trim Ref:	

Statement of Recognition of Wurundjeri Land:

“Yarra City Council acknowledges the Wurundjeri Woi Wurrung people as the Traditional Owners and true sovereigns of the land now known as Yarra. We also acknowledge the significant contributions made by other Aboriginal and Torres Strait Islander people to life in Yarra. We pay our respects to Elders from all nations here today—and to their Elders past, present and future”.

Items:

ItemNo.	Topic	Action
1.	Welcome and Acknowledgement of Country Attendance: Cr Amanda Stone (Chair), Council Officers (CO), AAAC members (CM)	
2.	Minutes: Business Arising: <ul style="list-style-type: none">• Council officers to identify some appropriate training/forums/conferences for AAAC members to attend Some free NARI events have been circulated with the May agenda, but some additional training can be identified and prioritised in the next financial year <ul style="list-style-type: none">• Continue to reference Guiding Principles in decision-making• AAAC supported name change and felt Djerring Centre was a good balance with First Nations approach and ensuring people have capacity to reference the name. Centre has been renamed as Djerring Centre	

	<ul style="list-style-type: none"> CO to share further information and updates regarding Seniors Festival planning and the Active and Healthy Ageing Strategy <p>Included in May agenda</p>	
3.	<p>General Manager Introduction</p> <ul style="list-style-type: none"> General Manager of Community Strengthening has found her time at Yarra so far energising and is enjoying working more closely with the community. Advisory Committees support the executive team in informing their understanding of a range of issues. 	Council officers to share a snapshot/evaluation of the AAAC for members
4.	<p>Climate Emergency Plan</p> <ul style="list-style-type: none"> The Sustainability Team are seeking insight from committee members on their lived experience of the climate emergency. The impacts of climate emergency in Yarra include <ul style="list-style-type: none"> Extreme heat events and heatwaves Heavy rainfall events and flash flooding Impacts to supply chains (e.g., food, medication) and services (e.g., electricity, transport, healthcare) Mental health impacts due to climate-related events or climate anxiety Questions for consideration: <ul style="list-style-type: none"> Can you think of particular older adults in the community who are at greater risk from the impacts of climate change than others? Who comes to mind and why? How are these community members [or groups] coping with – or struggling to cope with – worsening climate impacts? What would it look like for older adults to increase their resilience against the impacts of climate change? What support or resources might be needed to do this? How can the City of Yarra support existing networks or organisations which work with older adults to build community resilience to climate impacts? <p>This engagement is not part of the formal consultation process, but this discussion will help inform the direction the consultation activities will take in the next financial year. There are two sides to this work and planning; climate action and climate resilience.</p>	<p>Broader community engagement at Bargoonga Nganjin in North Fitzroy which AAAC members are invited to attend:</p> <p>Thursday 8th of June</p> <p>Thursday 21st of Jun</p> <p>6pm – 9pm</p> <p>Express interest to Lauren</p>

	<p>A range of challenges and experiences were raised by committee members:</p> <ul style="list-style-type: none"> - Need to consider heatwaves and people who do not have cooling in their homes - It is important to consider heating and cooling of homes beyond just financial disadvantage, as many people live in older housing and have not previously invested in appropriate heating and cooling systems - Transportation in heat and cold is another challenge to be considered - Mental health challenges and feelings of anxiety can arise from fear and change in climate - Noted that a medical condition is required for someone to receive air conditioning in the high-rise towers - Some health education is required around fluid intake and how this may differ with other health conditions or medications - Misting systems that cool the space of a community centre or space would assist people in coping better with moderate heat - Consideration that people need things to do once in the cool spaces so there is an interest in going and staying there. Movies/cinemas were suggested as an idea to explore - Community group members could access training around how to best support their members, as well as contacting others - Networks like the Yarra Aged Services Forum is beneficial to provide agencies with the opportunity to network, collaborate, and share information in the context of climate change - Face to face and information sharing through trusted networks is more effective than brochures and printed materials, though this still supports information sharing - It is important printed information is available in a number of languages 	
<p>5.</p>	<p>Member update:</p> <ul style="list-style-type: none"> • Each member to share an update <p>CM – Impressed with how Neighbourhood Houses provide opportunities for people of all ages to engage with one another. Continues to value the Tai Chi with outdoor exercise class which meet outside near Melbourne Museum and would love to see more of that in Yarra. Remains interested in the e-scooters; conscious of people who trip/fall/be afraid, interested in how the e-scooters can be better policed.</p> <p>CM – Building capacity of others in his dance classes so they are able to lead a dance in his absence. Has been involved with a seniors festival working group, and shared the cycling</p>	<p>CO to engage with Chinese Seniors Clubs about Tai Chi in Yarra</p> <p>More information regarding Walmer Street Bridge can be accessed below: https://www.yarracity.vic.gov.au/news/2023/04/23/walmer-street-bridge-works-commence-on-southern-end</p>

	<p>route he is planning for Seniors Festival. It will take place on either the 1st or 8th of October. The Walmer Street Bridge Southern Side will not be complete until December.</p> <p>CM – The extension of the aged care reforms for another 12 months has raised concern. Domestic assistance remains difficult to access. The cost of living is really affecting clients at cohealth, however the organisation has a financial counsellor who can offer support and guidance. Care navigation remains the biggest challenge.</p> <p>CM – Finbar NH has created a separate policy regarding cyber security, which has been identified as an emerging need. Have had the police speak with Probus groups.</p>	
6.	<p>Councillor update:</p> <ul style="list-style-type: none"> • Cr Stone to share update <p>Councillors have made the decision to separate waste charges, which is now part of the budget.</p> <p>Budget will be adopted on June 20th.</p> <p>Report on e-scooters went to Council at the most recent meeting, which covered the extension of the trial and what is being considered. 4-5 submitters spoke about the dangers of leaving scooters parked inappropriately. Parking bays in activity centres for scooters are going to be trialled.</p> <p>The 30km trial zone in parts of Fitzroy and Collingwood will be extended.</p> <p>Separated bike lanes had been trialled in Elizabeth Street, and Council has resolved to make this permanent. This style of bike lane makes people safer and encourage cycling.</p> <p>A report on leisure services fees will be out in June, following Cr Stone’s notice of motion regarding off peak rates for seniors – noting that off peak has been identified as being between 7pm and 9pm.</p> <p>The community grant program is being reviewed over the next 12 months.</p>	<p>CO to circulate budget links and information with the AAAC</p> <p>The draft budget, long-term financial plan, and revenue and rating plan can all be found below: https://www.yarracity.vic.gov.au/about-us/council-information/council-budget</p> <p>More information on the range of grants available, and their application dates, can be found below: https://www.yarracity.vic.gov.au/about-us/grants</p>
7.	<p>Change to AAAC Minutes</p> <ul style="list-style-type: none"> • Advisory Committee minutes will be available to access via the website 	<p>AAAC members will be provided with a copy of the minutes for approval prior to appearing on the website</p>
8.	<p>Standing agenda item: Aged Care Reforms</p> <ul style="list-style-type: none"> • Timelines/Status of Reforms <p>This has been postponed to a future meeting on May 30.</p>	<p>CO to circulate calendar invitation for May 30 with all committee members</p>
9.	<p>Healthy and Active Ageing Action Plan</p> <ul style="list-style-type: none"> • Consultation with the committee regarding the next Healthy and Active Ageing Action Plan <p>This has been postponed to a future meeting on May 30.</p>	<p>CO to circulate calendar invitation for May 30 with all committee members</p>
10.	<p>Other business</p>	<p>Hey Hey it’s Wilbur Wilde event can be viewed and</p>

	<ul style="list-style-type: none"> • Intergenerational Week activities • July Yarra News piece There will be a piece about additional intergenerational week initiatives in the next Yarra News, intergenerational activities have been flagged by the AAAC as an interest/priority area • Leaps and Bounds Festival event 'Hey Hey it's Wilbur Wilde' planned for July 13 • Leaps and Bound Corner Hotel 7.30pm-9.30pm • Mercy Place in Abbotsford is closing down • Sorry Day is this Friday May 26, Yarra, alongside the First Nations community will be hosting a BBQ • Appointment of CO <p>Previous industry placement student from the University of Melbourne has been appointed as a Regional Assessment Services Assessor.</p>	<p>booked below: https://www.lbmf.com.au/events-2023/hey-hey-wilbur-wilde</p> <p>Entire Leaps and Bounds schedule can be found below: https://www.lbmf.com.au/events-2023</p>
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Next Meeting: 12 July 2023, Collingwood Town Hall